

# Cardinal Café

## GOLD Line Menu

### Grades K-12

# September 2023

Alternate Meals are for Grades K-2 only

Week of August 24

1. Turkey & Cheese Sandwich, Fruit, Veggie Sticks, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

Week of September 4

1. Ham & Cheese Sandwich, Fruit, Veggie Sticks, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

Week of September 11

1. PBJ, Fruit, Veggie Sticks, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

Week of September 18

1. Turkey Coins, Cheese slices, Crackers, Fruit, Veggie Sticks, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

Week of September 25

1. Yogurt Cup, Crackers, Fruit, Celery/Peanut Butter Cup, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

**This menu is subject to change.**

Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider	<b>OFFERED DAILY</b> Fresh Veggie Sticks / Ranch Dipping Cup  Extra serving of fresh fruit offered daily	<b>MILK OFFERED DAILY</b> Low Fat or Non-Fat Chocolate & White Milk <b>WHEN AVAILABLE</b> Low Fat Strawberry Milk		1 Walking Tacos Refried Beans Fruit Works Bar
4 <b>NO SCHOOL!</b> 	5 <b>RIPPERS</b> Cooked Carrots Pears	6 Chicken Drumstick Green Beans Blueberries/Yogurt Parfait	7 French Toast Sticks Sausage Tater Tots Juice Cup	8 Chicken Tenders Mac & Cheetos Mixed Green Salad Fruit Cup Special Guest
11 Stuffed Crust Pizza Green Beans Applesauce	12 Grilled Chicken Sandwich Sweet Potato Fries Works Bar Fruit	13 Mozzarella Sticks Marinara Roasted Broccoli Fruit	14 Hot Dog Baked Beans Jonny Pop	15 Chicken Fries Potato Smiles Apple Slices
18 Hamburger/Cheese Shoestring Fries Fruit Works Bar	19 Chicken Nuggets Cheesy Broccoli Fruit	20 Bosco Sticks Baked Beans Jonny Pop	21 Sweet n' Sour Chicken Rice Roasted Cauliflower Fruit	22 Pizza Cooked Carrots Applesauce Side Salad
25 Calzone Mixed Greens Salad Salad Dressing Mandarin Oranges	26 Mini Corn Dogs Green Beans Fruit	27 Popcorn Chicken Bowl Mashed Potatoes Corn Fruit Cup	28 Chicken & Waffles Syrup Cup Cooked Carrots Baked Cinnamon Apples	29 Nachos Refried Beans Fruit Works Bar



**NEW BREMEN**  
CARDINALS