

# Cardinal Café Gold Line Menu Grades K-12

Fueling Learning and Smiles

This institution is an equal opportunity provider.



**October 2024** 

**Menu is subject to change.**

Low Fat or Non-Fat Chocolate & White Milk Offered Daily  
And when available  
Low Fat Strawberry Milk

**Fresh Vegetables & Extra serving of Fruit Offered Everyday**

All Bread/Breading Items/Pastas are Whole Grain

Alternate Meals are for Grades K-2 only  
Week of September 30

1. Turkey & Cheese Sandwich, Fruit, Veggie Sticks, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

Week of October 7

1. PBJ, Fruit, Veggie Sticks, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

Week of October 14.




1. Ham & Cheese Sandwich, Fruit, Veggie Sticks, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

Week of October 21

1. Turkey Rolls, Cheese slices, Crackers, Fruit, Veggie Sticks, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

Week of October 28

1. Yogurt Cup, Crackers, Fruit, Celery/Peanut Butter Cup, Milk
2. Salad, Cheese Cubes, Crackers, Fruit, Milk

Monday	Tuesday	Wednesday	Thursday	Friday
30 Grilled Chicken Sandwich Green Beans Pineapple	1 Mikes Cheese Bites Marinara Mixed Green Salad Mandarin Oranges	2 Chicken Wrap Baby Carrots Applesauce Cookie	3 Mini Corn Dogs Baked Beans Grapes	4 Chicken Alfredo Penne Pasta Garlic Bread Peas 100% Juice Cup
7 NO School 	8 Mozzarella Sticks Marinara Corn Grapes	9 Macaroni & Cheese Soft Pretzel Steamed Broccoli Fruit Cup	10 Nacho Chips Taco Meat Refried Beans Mixed Fruit Cup Lettuce/Cheese/Salsa	11 RIPPERS Celery Sticks Applesauce Cup
14 Chicken Tenders Cheesy Broccoli Bread Slice Apple Slices	15 Calzone Green Beans Blue Razz/Lemon Sidekick	16 Breaded Chicken Sandwich Lettuce/Tomato Potato Smiles 100% Juice Fruit Punch	17 Hamburger/Cheese Bun Baked Beans Mixed Fruit Cup	18 Hot Dog/Bun Sweet Potato-Tater Tots Applesauce Cup
21 Chicken Drumstick Steamed Broccoli Fruit & Yogurt Parfait	22 French Toast Sticks Sausage Tater Tots 100% Juice Cup	23 Sloppy Joe Sandwich Green Beans Mandarin Oranges	24 Stuffed Crust Pepperoni Pizza Slice Baby Carrots Apple Slices	25 No School 
28 Bosco Sticks Marinara Cup Green Beans 100% Fruit Juice	29 Chicken Nuggets Cheesy Broccoli Sour Strawberry Raisins Chocolate Chip Cookie	30 Walking Tacos Lettuce/Cheese/Salsa Refried Beans Birthday Cake Applesauce	31 Mini Pizza Triangles (cheese) Cooked Carrots Frozen Fruit Cups 	Nov. 1 Rotini Meat Sauce Garlic Bread Corn Applesauce Cup