

### The Cell Cycle

- the cycle of cellular growth and division
- a continuous production of new cells
- each cycle you get one new cell (1 to 2)
- Eukaryotic cell division (prokaryotes = binary fission)

#### - 3 Main Stages

- \* Interphase
- \* Mitosis
- \* Cytokinesis

*Handwritten notes:*  
 G<sub>1</sub>, S, G<sub>2</sub>  
 1 prophase  
 2 metaphase  
 3 anaphase  
 4 telophase

### Interphase

- the cell grows and develops into a mature functioning cell
- the cell duplicates its DNA and prepares for division
- 3 Stages

G<sub>1</sub> (Gap 1) - cell grows, carries out normal cell function, and prepares for DNA replication

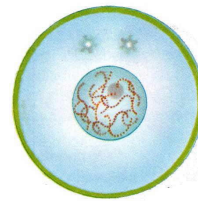
S (synthesis) - when cell copies its DNA

- chromosomes → structures that contain genetic information that is passed from generation to generation

- chromatin → the relaxed form of DNA in cell nucleus

G<sub>2</sub> (Gap 2) - cell prepares for division of the nucleus, cell takes inventory to make sure it is ready to go into mitosis

\*\* Cell still contains a nucleus and a nucleolus \*\*



### Mitosis

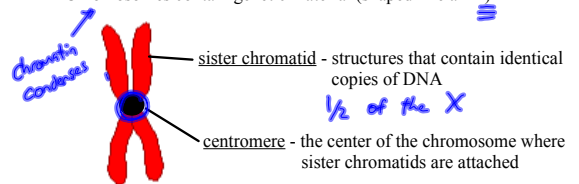
- increases the number of cells in a growing individual
- helps to replace damaged cells

#### - 4 Steps

- \* Prophase
- \* Metaphase
- \* Anaphase
- \* Telophase

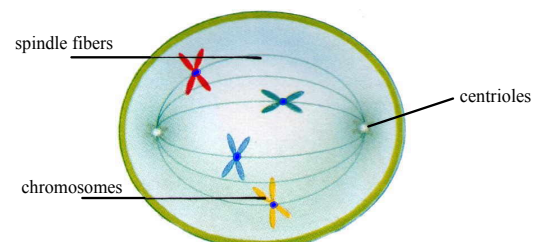
### Prophase

- the stage of mitosis where the cell spends most of its time
- Chromosomes contain genetic material (shaped like an X)



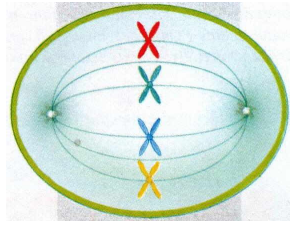
#### - During Prophase

- \* - the nuclear membrane and nucleolus disappear
- centrioles begin to migrate to the ends of the cell
- near the end of prophase, the spindle fibers attach to the centromeres of the chromosomes



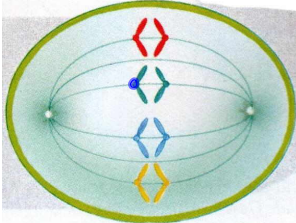
### Metaphase

- The sister chromatids are pulled to the center of the cell or the equator by the spindle apparatus
- Shortest stage of mitosis



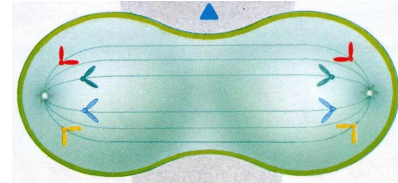
### Anaphase

- The chromatids are pulled apart during this step
- microtubules begin to shorten and this pulls at the centromere
- all of the sister chromatids separate simultaneously into two identical chromosomes.
- Each new cell gets an identical chromosome



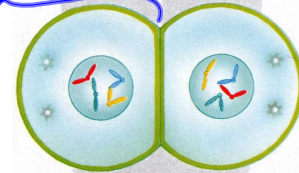
### Telophase

- chromosomes arrive at poles of cells and begin to relax and decondense
- 2 new nuclear membranes begin to form and 2 new nucleoli begin to form
- the spindle apparatus breaks down
- cell division is not yet complete



### Cytokinesis

- the division of the cytoplasm of the new cells
- cleavage furrow - where the cells begin to pinch apart



### Cell Cycle Regulation

- \* cyclins - proteins that help in cycle regulation
  - \* cyclin dependent kinase (CDK) - enzymes that cyclins bind to
  - different cyclin / CDK combinations control different activities in the cycle
    - \* start DNA replication process
    - \* start nuclear division
    - \* drive protein synthesis
    - \* preparation for cell cycle start
- f.i: together like a lock & key*

### Quality Control Checkpoints

- checkpoints in the cell cycle that can stop it if something goes wrong
- G<sub>1</sub> checkpoint - checks for DNA damage
- Also checkpoints in S and G<sub>2</sub> phases of the cycle

### Apoptosis

- programmed cell death
- not all cells survive
- cells shrivel and shrink
- Ex. fingers and feet (webbing)

### Stem cells

- embryonic stem cells → are not specialized and can become any kind of cell under the right conditions  
*↳ embryos*
- adult stem cells → found in tissue and used to maintain and repair the same kind of tissue in which they are found