

Cardinal Cafe



GOLD Line Menu

Grades K-12

November 2022

Alternate Meals are for Grades K-2 only.

Week of Nov. 1

1. Yogurt cup, graham crackers, fruit, Celery/Peanut Butter Cup, milk
2. Salad, cheese cubes, crackers, fruit, milk

Week of Nov. 7

1. Peanut Butter & Jelly sandwich, fruit, Celery Sticks, milk
2. Salad, cheese cubes, crackers, fruit, milk

Week of Nov. 14

1. Ham /cheese Sandwich, fruit, Baby Carrots, milk
2. Salad, cheese cubes, crackers, fruit, milk

Week of Nov. 21

1. Turkey Coins, Cheese Slices, Crackers, fruit, celery sticks, milk
2. Salad, cheese cubes, crackers, fruit, milk

Week of Nov. 29

1. Peanut Butter & Jelly sandwich, fruit, Baby carrots, milk
2. Salad, cheese cubes, crackers, fruit, milk

This menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Low-fat or Non-Fat Chocolate and White Milk offered daily</i></p> <p><i>Low-Fat Strawberry Milk offered on a limited basis</i></p>	<p>1. Chicken Tenders Mac & Cheese Cooked Carrots Fruit Celery Sticks</p>	<p>2. Beef Soft Tacos Refried Beans Fruit Works Bar</p>	<p>3. Pepperoni Pizza Side Salad Broccoli Fruit</p>	<p>4. French Toast Sticks Hash Brown Pattie Orange Slices Fruit/Yogurt Parfait</p> <p><small>SPECIAL GUEST SERVER with a special treat</small></p>
<p>7. Popcorn Chicken Mashed Potatoes Corn Gravy Fruit</p>	<p>8. (Burrito Bowl) Seasoned chicken Cilantro Rice Black Beans Fruit Works Bar</p>	<p>9. Mini Corn Dogs Broccoli & Cheese Baby Carrots/Dip Fruit</p>	<p>10. Chicken & Waffles Blueberry Sauce Green Beans Fruit Popsicle</p>	<p>11. RIPPERS Baby Carrots Romaine Salad Fruit</p>
<p>14. Tangerine Chicken Rice Celery Sticks/Ranch Apple Chips</p>	<p>15. Beef Nachos Refried Beans Queso Fruit Works Bar</p>	<p>16. Hot Dog/Bun Broccoli & Cheese Side Salad Apple Slices</p>	<p>17. Shredded Chicken/Bun Sweet Potato Fries Baby Carrots/Ranch Baked Apples</p>	<p>18. NO SCHOOL TODAY</p>
<p>21. Pepperoni Pizza Green Beans Side Salad Fruit</p>	<p>22. Turkey Mashed Potatoes Pumpkin Mousse Dinner Roll Applesauce</p> <p><small>TRY IT TUESDAY! Cranberry-Orange Relish</small></p>	<p>23. Grilled Cheese Baked Beans Celery Sticks Fruit</p>	<p>24. NO SCHOOL TODAY</p> <p> Happy Thanksgiving</p>	<p>25. NO SCHOOL TODAY</p>
<p>28. NO SCHOOL TODAY</p>	<p>29. Mini Pancakes Hash Brown Pattie Sausage Juice Cup</p>	<p>30. Bosco Sticks Marinara Green Beans Celery Sticks/Hummus Fruit</p>		<p>This institution is an equal opportunity provider.</p>



NEW BREMEN
CARDINALS