

# Cardinal Cafe



## GOLD Line Menu

Grades K-12

# September 2022

Alternate Meals are for Grades K-2 only.

Week of Aug. 29

1. Ham/Cheese Flatbread, fruit, celery sticks, milk
2. Salad, cheese cubes, crackers, fruit, milk

Week of Sept. 6

1. Peanut Butter & Jelly sandwich, fruit, carrots, milk
2. Salad, cheese cubes, crackers, fruit, milk

Week of Sept. 12

1. Turkey coins, crackers, fruit, veg./fr juice, milk
2. Salad, cheese cubes, crackers, fruit, milk

Week of Sept. 19

1. Beef & Cheese Stick, goldfish crackers, fruit, carrots, milk
2. Salad, cheese cubes, crackers, fruit, milk

Week of Sept. 26

1. Ham & Cheese wrap, fruit, broccoli, milk
2. Salad, cheese cubes, crackers, fruit, milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>This institution is an equal opportunity provider</p> <p>Low-fat or Non-Fat Chocolate and White Milk offered daily. Strawberry Milk offered on a limited basis</p>		<p>This menu is subject to change.</p>	<ol style="list-style-type: none"> <li>1. Hamburger/Bun Cheese Slice Tomato Slices Potato Cheddar Bake Fruit</li> </ol>	<ol style="list-style-type: none"> <li>2. Spaghetti &amp; Meat sauce Shredded Mozzarella Bread stick Romaine Salad Baby Carrots/Dip Baked Apples</li> </ol>
<ol style="list-style-type: none"> <li>5.  </li> </ol>	<ol style="list-style-type: none"> <li>6. Mini Corn Dogs Mac &amp; Cheese Steamed Green Beans Fruit</li> </ol>	<ol style="list-style-type: none"> <li>7. Bar BQ Shredded Pork Bun Baked Beans Cucumber Slices/Dip Frozen Fruit Slush Cup</li> </ol>	<ol style="list-style-type: none"> <li>8. Chicken &amp; Waffles Blueberry Sauce Cooked Carrots Fruit Popsicle</li> </ol>	<ol style="list-style-type: none"> <li>9. RIPPERS Broccoli &amp; Cheese Baby Carrots/Dip Apple Slices</li> </ol>
<ol style="list-style-type: none"> <li>12. Roasted Chicken Leg Cooked Carrots Frozen Fruit Slush Cup Cookie</li> </ol>	<ol style="list-style-type: none"> <li>13. Beef Soft Tacos Refried Beans Diced Tomatoes Fruit Works Bar</li> </ol>	<ol style="list-style-type: none"> <li>14. Chicken Parm Pasta Bake Romaine Salad Cucumber Slices/Dip Bread Stick Fruit</li> </ol>	<ol style="list-style-type: none"> <li>15. Hamburger Gravy Mashed Potatoes Dinner Roll Gogurt Fruit</li> </ol>	<ol style="list-style-type: none"> <li>16. Grilled Cheese Roasted Cauliflower Celery Sticks/Dip Grapes</li> </ol>
<ol style="list-style-type: none"> <li>19. Shredded Chicken/Bun Celery Sticks/Dip Cheese Stick Fruit</li> </ol>	<ol style="list-style-type: none"> <li>20. Hot Dog/Bun Baby Carrots/Dip Pumpkin Mousse Raisels</li> </ol>	<ol style="list-style-type: none"> <li>21. Seasoned chicken Cilantro Rice Black Beans Fruit Works Bar</li> </ol>	<ol style="list-style-type: none"> <li>22. Bosco Sticks Pizza Sauce Romaine Salad Apple Slices Gogurt</li> </ol>	<ol style="list-style-type: none"> <li>23. Mini Pancakes Hash Brown Pattie Sausage Orange Juice Cup</li> </ol>
<ol style="list-style-type: none"> <li>26. Tangerine chicken Fried Rice Steamed Green Beans Fruit Smores Bar</li> </ol>	<ol style="list-style-type: none"> <li>27. Beef Nachos Black Beans Queso Cheese Fruit Works Bar</li> </ol>	<ol style="list-style-type: none"> <li>28. Hot Ham &amp; Cheese Sweet Potato Fries Celery Sticks/Dip Frozen Fruit Slush Cup</li> </ol>	<ol style="list-style-type: none"> <li>29. Popcorn chicken Mashed potatoes Gravy Corn Cookie Fruit</li> </ol>	<ol style="list-style-type: none"> <li>30. Pepperoni Pizza Roasted Broccoli Celery Stick/Dip Fruit</li> </ol>



NEW BREMEN  
CARDINALS